



GUIDELINES OF PUBLICATION

ARCHIVES OF SPORTS MEDICINE

The ARCHIVES OF SPORTS MEDICINE Journal (Arch Med Deporte) with ISSN 0212-8799 it is the official publication of the Spanish Federation of Sports Medicine. It publishes original works on all of the aspects related to Medicine and Sports Sciences from 1984. It has been working uninterruptedly with a frequency of three months until 1995 and two months after then. It's a Journal that uses fundamentally the system of external review by two experts (peer-review). It includes regularly articles about clinical or basic investigation, reviews, articles or publishing commentaries, brief communications and letters to the publisher. The works may be published in SPANISH or in ENGLISH. The submission of papers in English will be particularly valued.

Occasionally communications accepted for presentation will be published in the Federation's Congresses.

The Editorials will only be published after request by the Editor.

The manuscripts admitted for publication will become property of FEMEDE and their total or partial reproduction shall be properly authorized. All the authors of the works will have to send a written letter conceding these rights as soon as the article has been accepted.

SUBMIT OF MANUSCRIPTS

1. The papers must be submitted, on the Editor Chief's attention, written in double space in a DIN A4 sheet and numbered in the top right corner. It is recommended to use Word format, Times New Roman font size 12. They shall be sent by e-mail to FEMEDE's e-mail address: femedede@femedede.es.
2. On the first page exclusively and by this order the following data will figure: work's title (Spanish and English), authors' name and surname by this order: first name, initial of the second name (in case there is), followed by the first surname and optionally by the second one; Main official and academic qualifications, workplace, full address and responsible for the work or first author's e-mail address for the correspondence. Also supports received for the accomplishment of the study -by scholarships, equipments, medicaments, etc- will be included.



A letter in which the first author on behalf of all signatories to the study, the assignment of the rights of total or partial reproduction of the article, if accepted for publication shall be attached.

Furthermore, attachment, the consignor will propose up to four reviewers to the editor may be used if necessary. In the proposed, one at least shall be responsible for the different nationality work. Reviewers signatory institutions work will not be accepted.

3. On the second page the summary of the work will appear both in Spanish and English, and will have an extension of 250-300 words. It will include the intention of the work (motive and aims of the research), used methodology, the most out-standing results and the principal conclusions. It must be written in such a way that it allows understanding the essence of the article without reading it completely or partially. At the bottom of every summary from three to ten key words will be specified in Spanish and English (keyword), derived from the Medical Subject Headings (MeSH) of the National Library of Medicine (available in: <http://www.nlm.nih.gov/mesh/MBrowser.html>).
4. The extension of the text will change according to the section to which it is destined:
 - a. **Original report:** maximum 5.000 words, 6 figures and 6 tables.
 - b. **Reviews articles:** maximum 5.000 words, 5 figures and 4 tables. In case of needing a wider extension it is recommended contact the journal Editor.
 - c. **Editorials:** they will be written by order of the Editorial Board.
 - d. **Letters to the Editor:** maximum 1.000 words.
5. Structure of the text: it will change according to the section to which it is destined:
 - a. **ORIGINALS REPORTS:** It will contain an introduction, which will be brief and will contain the intention of the work, written in such a way that the reader can understand the following text.

Material and method: the material used in the work, human or of experimentation, will be exposed, as well as its characteristics, criteria of selection and used techniques, facilitating the necessary data, bibliographical or direct, in order to allow the reader to



repeat the experience shown. The statistical methods will be described in detail.

Results: They report, not interpret, the observations made with the material and method used. This information can be published in detail in the text or by tables and figures. Information given in the tables or figures must not be repeated in the text.

Discussion: The authors will expose their opinions about the results, their possible interpretation, relating the observations to the results obtained by other authors in similar publications, suggestions for future works on the topic, etc. Connect the conclusions with the aims of the study, avoiding free affirmations and conclusions not supported by the information of the work.

The acknowledgments will appear at the end of the text.

- b. **REVIEWS ARTICLES:** The text will be divided in as much paragraphs as the author considers necessary for a perfect comprehension of the treated topic.
- c. **LETTERS TO THE EDITOR:** Discussion of published papers in the last two issues, with the contribution of opinions and experiences briefed in a 3 DIN A4 size sheets, will have preference in this Section.
- d. **OTHERS:** Specific sections commissioned by the Journal's Editorial Board.

6. **Bibliography:** it will be presented on sheets apart and will be shown by order of appearance in the text, with a correlative numeration. In the article text the quote's number will always figure between parentheses, followed or not by the authors' name; if they are mentioned, in case the work was made by two authors both of them will figure, and if there are more than two authors only the first will figure, followed by "et al".

There will not be included in the bibliographical appointments personal communications, manuscripts or any not published information.

The official citation for the journal Archives of Sports Medicine is Arch Med Sport.



References will be exposed in the following way:

- **Journal:** order number; surnames and name's initial of the article authors with no punctuation and separated between them with a comma (if the number of authors is higher than six, only the six first will figure, followed by "et al"); work's title in its original language; abbreviated magazine name, segun the World Medical Periodical; year of publication; volume number; first and last page of the quoted extract. Example: Calbet JA, Radegran G, Boushel R and Saltin B. On the mechanisms that limit oxygen uptake during exercise in acute and chronic hypoxia: role of muscle mass. J Physiol 2009; 587: 477-490.

- **Book chapter:** Authors, chapter title, editors, book title, city, publishing house, year and number of pages. Example: Iselin E. Maladie de Kienbock et Syndrome du canal carpien. En : Simon L, Alieu Y. Poignet et Medecine de Reeducation. Londres : Collection de Pathologie Locomotrice Masson; 1981. p162-166.

- **Book.** Authors, title, city, publishing house, year of publication, page of the quote. Example: Balius R. Ecografía muscular de la extremidad inferior. Sistemática de exploración y lesiones en el deporte. Barcelona. Editorial Masson; 2005. p 34.

- **World Wide Web, online journal.** Example: Morse SS. Factors in the emergence of infectious diseases. Emerg Infect Dis (revista electrónica) 1995 JanMar (consultado 0501/2004). Available in: <http://www.cdc.gov/ncidod/EID/eid.htm>

7. Tables and figures. Tables and figures will be sent on separate files in JPEG format. Tables will also be sent in word format.

Tables shall be numbered according to the order of appearance in the text, with the title on the top and the abbreviations described on the bottom. All non-standard abbreviations which may be used in the tables shall be explained in footnotes.

Any kind of graphics, pictures and photographs will be denominated figures. They must be numbered correlatively by order of appearance in the text and will be sent in black and white (except in those works in which colour is justified). Color printing is an economic cost that has to be consulted with the editor.

All tables as well as figures will be numbered with Arabic numbers by its order of appearance in the text.



At the end of the text document the tables and figures captions will be included on sheets apart.

8. The Archives of Sports Medicine Editorial Staff will communicate the reception of submitted works and will inform about its acceptance and possible date of publication.

9. Archives of Sports Medicine, after hearing the reviewers' suggestions (journal uses peer correction system), may reject the works which doesn't find suitable, or indicate the author the modifications which are thought to be necessary for its acceptance.

10. The Archives of Sports Medicine Editorial Board is not responsible for the concepts, opinions or affirmations supported by the works authors.

11. Submissions of the papers: Archives of Sports Medicine. By e-mail to FEMEDE'S e-mail address: femede@femede.es. The submit will come with a presentation letter on which the work's exam for its publication in the Journal will be requested, the sent article type will be specified, and it will be certified by all authors that the work is original and it has not been partially or totally published before.

CONFLICTS OF INTERESTS

If there should be any relation between the work's authors and any public or private entity, from which a conflict of interests could appear, it must be communicated to the Editor. Authors shall fulfil a specific document.

ETHICS

All authors that sign the articles accept the responsibility defined by the World Association of Medical Editors.

The papers sent to the Archives of Sports Medicine Magazine for evaluation must have been elaborated respecting the international recommendations about clinical and laboratory animals' researches, ratified in Helsinki and updated in 2008 by the American Physiology.

For the performance of controlled clinic essays the CONSORT normative shall be followed, available at <http://www.consort-statement.org/>

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