Dear colleagues:

Two years on from the Beijing Congress of Sports Science we are meeting again, on this occasion in Spain. When planning the program, FEMEDE has thought, first and foremost, about the scientific interests of Congress.

The Scientific Committee has organised an exciting program encompassing all aspects of sport, physical exercise and health. To this end, we have contacted the most prestigious speakers in each area and we have managed to secure their attendance to give presentations on the latest advances in each of the selected themes.

Investigation in Sports Sciences is breaking new ground, and there are still many openings in all areas. Proof of this are the great number of communications in general as well as applied investigation presented to the Congress on behalf of the majority of investigations groups in the world.

The presentations of the different renowned international speakers will provide truly interesting discussions on multi-disciplinary level.

The Scientific Committee would like to congratulate all participants at the Congress for the scientific quality of the communications and posters that have been presented and we hope that all findings disseminated in this Congress, given their scientific relevance, have an immediate application in the world of sport, and impact on the health of all those who participate in physical exercise.

Personally I think that the scientific content of this Congress will stand the test of time and will be remember for many years.

Furthermore, on behalf of the Scientific Committee I hope that all participants enjoy the programmed activities and that your stay in this charming city is a pleasurable one.

With my best regards.

Miguel del Valle
Chairman of the Scientific Committee