ORIGINALS

Acute effect of Complex Training protocol on grenade throwing velocity on military pentathletes

Anthropometric profile of gymnast from childhood to maturity sport: report of 2 cases

Reliability of Senior Fitness Test version in Spanish for older people in Tunja-Colombia

Influence of percentage of 1RM strength test on repetition performance during resistance exercise of upper and lower limbs

REVIEWS

Circulating microRNA as regulators of the molecular response in exercise in healthy people

Relevant biochemical markers of recovery process in soccer