ORIGINALS
Effects of three water-based resistance trainings on maximal strength, rapid strength and muscular endurance of sedentary and trained older women
Volume load and efficiency with different strength training methods
Psychosocial, physical and anthropometric variables in Chilean schoolchildren. A comparative study according to physical activity levels
Interchangeability of two tracking systems to register physical demands in football: multiple camera video versus GPS technology
Effects of a proprioceptive physical exercise program on balance in young skaters aged between 11 to 15 years

REVIEWS
Proprioceptive training methods as a tool for the prevention of injuries in football players: a systematic review
Acute effects of heat on health variables during continuous exercise and their comparison with normal and cold conditions: A systematic review