ORIGINAL ARTICLES

Comparison of quadriceps muscle activation in exercises with different duration of concentric and eccentric contractions

Sweat rate and environmental factors in junior Laser class sailors

Psychometric properties of the Chilean version of the Quick Disabilities of the Arm, Shoulder and Hand (Quick DASH) questionnaire for patients with shoulder disorders

Anthropometric characteristics and cardiorespiratory capacity of male and female trail runners

Effects of oophorectomy on the lumbar spine of Wistar rats submitted to vibratory platform treatment

CONSENSUS DOCUMENT

Obesity and physical exercise in adults

REVIEWS

Effects of aquatic exercise in people with kidney disease: systematic review and meta-analysis

Systemic iron homeostasis in female athletes: hepcidin, exercise and sex influence