ORIGINAL ARTICLES

Effects of water aerobic exercise on perceived pain and cardiac variability in women with fibromyalgia
Comparison of performance-related responses to an endurance running training between untrained men and women
Ferritin status impact on hepcidin response to endurance exercise in physically active women along different phases of the menstrual cycle
Deep-water running training at moderate intensity and high intensity improves pain, disability, and quality of life in patients with chronic low back pain: a randomized clinical trial
COVID-19 and home confinement: data on physical activity
Comparison of intensity and post-effort response in three interval trainings in young tennis players: running interval, specific interval, and specific intermittent training

REVIEWS

Optimal timing in creatine supplementation to improve sports performance
Effects of physical exercise and intermittent fasting for health: a Systematic review