Publication guidelines for Archivos de Medicina del Deporte

The journal ARCHIVOS DE MEDICINA DEL DEPORTE (Arch Med Deporte), ISSN 0212-8799, is the official publication of Sociedad Española de Medicina del Deporte (Spanish Society of Sports Medicine, SEMED). It has published original articles on all aspects of sports medicine and sciences since 1984, quarterly until 1995 and bimonthly thereafter. It is a journal that primarily uses peer review by two experts. It regularly includes articles on clinical or basic research related to sports medicine and sciences, reviews, editorials and letters to the editor. Submissions may be published IN SPANISH OR ENGLISH. The journal particularly welcomes submissions in English.

Occasionally, papers accepted for presentation at the society's conferences will be published.

Editorials will only be published upon request from the editor.

Articles accepted for publication will become the property of SEMED and their reproduction, in whole or in part, must be duly authorised. All the authors of the articles must submit a written letter transferring these rights when their article has been accepted.

Manuscript submission

1. Manuscripts submitted for publication in the journal Archivos de Medicina del Deporte should be sent through the journal's editorial management system (http://archivosdemedicinadeldeporte.com/revista/index.php/amd).
2. Manuscripts should be addressed to the Editor-in-Chief.
3. Submissions must include the following documents:
   a. A **letter to the Editor** requesting review of the manuscript for publication in the journal and specifying the type of article being submitted.
   b. A **title page** which must include, exclusively and in this order, the following information: Title of the manuscript (in Spanish and English, with a maximum of 15 words); authors' names and surnames in the following order: first name, middle initial (if any), followed by the first surname and, where relevant, the second surname of each author; official and academic qualifications, workplace, full address and email address of the principal investigator or first author for correspondence purposes. Academic qualifications and email addresses of all other authors of the article. Support received for the research, such as grants, equipment, medications and so on, should also be indicated.
   c. **Manuscript.** The text must be double-spaced on A4 paper and numbered in the top right-hand corner. The recommended format is Word, 12-point Times New Roman.
   The text should begin with the title of the article (Spanish and English), followed by an abstract in both Spanish and English, which should be 250-300 words long. The abstract should include the purpose of the research/study (reason and objectives), the methodology used, the most significant results and the main conclusions. It must be written in such a way that the essence of the article can be understood without reading it in whole or in part. Beneath each abstract, three to ten keywords in both Spanish and English from the Medical Subject Headings (MeSH) of the National Library of Medicine (available at: http://www.nlm.nih.gov/mesh/MBrowser.html) should be specified.
   The actual text of the article and the bibliography will follow.
   Table and figure legends/captions should be included on separate pages at the end of the text document.
   d. **Tables.** Tables should be submitted as separate files in JPEG and Word formats. They should be numbered according to their order of appearance in the text, with the title above the table and abbreviations explained underneath it. All non-standard abbreviations used in the tables should be explained in footnotes.
   Tables should be numbered with Arabic numerals according to their order of appearance in the text.
   Table and figure legends/captions should be included on separate pages at the end of the text document.
   e. **Figures.** Figures should be submitted as separate, high-resolution JPEG files. All graphics, drawings and photographs will be referred to as figures. They must be numbered consecutively according to their order of appearance in the text and submitted in black and white (except in articles where colour is justified).
   They should be numbered with Arabic numerals according to their order of appearance in the text.
   Colour printing incurs an additional cost, which must be discussed with the editor.
   Table and figure legends/captions should be included on separate pages at the end of the text document.
   f. **Proposed reviewers.** The person submitting the article should propose a maximum of four reviewers for the editor to use if deemed necessary. Of the proposed reviewers, at least one must be of a nationality different from that of the author. Reviewers from the institutions of the authors of the article will not be accepted.
   g. **Letter of originality and copyright transfer.** All authors must certify that their work is original and has not been previously published, in whole or in part, in any other publication.
   h. **Informed consent.** If applicable, the informed consent document, available on the website of the journal Archivos de Medicina del Deporte, must be attached.
   i. **Declaration of conflict of interest.** If any relationship exists between the authors of an article and any public or private entity which could give rise to a conflict of interest, this must be reported to the Editor. The authors must complete a specific document.

Templates of the above documents are available in the journal's editorial management system.

4. The length of the text will vary depending on the section it is intended for:
   a. **Original Articles:** Maximum of 5,000 words, 6 figures and 6 tables.
   b. **Editorials:** These will be commissioned by the editorial committee.
   c. **Letters to the Editor:** Maximum of 1,000 words.
5. The structure of the text will vary depending on the section it is intended for:
   a. **ORIGINAL ARTICLES:** Original articles will consist of an **Introduction**, which will be brief and will explain the purpose of the article, written in such a way that the reader can understand the text that follows. **Materials and Methods:** The materials used in the production of the article, whether human or experimental, will be described, along with their characteristics, selection criteria and techniques employed. The necessary data, bibliographic or direct, will be provided so that the experience described can be replicated by the reader. The statistical methods will be described in detail. **Results:** These will report, but not interpret, the observations made with the materials and methods used. These data may be published in detail in the text or in the form of tables and figures. The information in tables or figures should not be repeated in the text. **Discussion:** The authors will present their opinions on the results, their possible interpretation of these, relating their own observations to the results obtained by other authors in similar publications, suggestions for future work on the topic and so on. The conclusion must reflect the objectives of the study, avoiding unsubstantiated claims and conclusions not supported by the data presented in the articles. **Acknowledgements** will appear at the end of the text.
   b. **LETTERS TO THE EDITOR:** Preference will be given in this section to the discussion of articles published in the last two issues with the contribution of opinions and experiences summarised in a text covering three pages of A4.
   c. **OTHERS:** Specific sections commissioned by the journal's editorial committee.
6. **Bibliography:** Citations will be presented at the end of the manuscript, arranged according to their order of appearance in the text, with the corresponding consecutive numbering. In the text of the article, the citation number will always appear in parentheses, whether or not it is accompanied by the authors' names. When the authors of an article written by two authors are referred to in the text, both authors will be mentioned; if there are more than two, the first author will be cited, followed by the abbreviation *et al*. Personal communications, manuscripts or unpublished information will not be included in the bibliographic citations.

   The abbreviation for the journal Archivos de Medicina del Deporte is *Arch Med Deporte*.

   Bibliographic citations will be presented as follows:
   - **Journal:** Citation number; surnames and first initials of each author of the article, without punctuation, followed by a comma (if the number of authors is greater than six, the first six will be included, followed by *et al*.); title of the article in its original language; abbreviated title of the journal, according to the World Medical Periodical; year of publication; volume/issue number; initial and final page of the cited article.

     Example: 1. Calbet JA, Radegran G, Boushel R, Saltin B. On the mechanisms that limit oxygen uptake during exercise in acute and chronic hypoxia: role of muscle mass. *J Physiol.* 2009;587:477-90.
   - **Book chapter:** Citation number; authors, chapter title, editors, book title, city, publisher, year and pages.

     Example: Iselin E. Maladie de Kienbock et Syndrome du canal carpien. In: Simon L, Alieu Y. *Poignet et Medecine de Reeducation*. London: Collection de Pathologie Locomotrice Masson; 1981. p. 162-6.
   - **Book.** Citation number; authors, title, city, publisher, year of publication, page of the quotation.

     Example: Balius R. *Ecografía muscular de la extremidad inferior. Sistemática de exploración y lesiones en el deporte.* Barcelona. Editorial Masson; 2005. p. 34.
   - **Online material, online journal:**

     Example: Morse SS. Factors in the emergence of infectious diseases. *Emerg Infect Dis*. (Online journal) 1995 Jan Mar (consulted 0501/2004). Available at: https://wwwnc.cdc.gov/eid/article/1/1/95-0102_article
7. The Editorial Board of ARCHIVOS DE MEDICINA DEL DEPORTE will acknowledge receipt of submitted manuscripts and inform authors regarding their acceptance and possible publication date.
8. ARCHIVOS DE MEDICINA DEL DEPORTE, after considering the reviewers' suggestions (the journal uses a peer-review system), may reject manuscripts it deems unsuitable or indicate to the authors any modifications considered necessary for acceptance.
9. The Management and Editorial Board of ARCHIVOS DE MEDICINA DEL DEPORTE are not responsible for the concepts, opinions or statements expressed by the authors of the articles.
10. Submission of articles: Manuscripts submitted for publication in the journal Archivos de Medicina del Deporte should be sent through the journal's editorial management system (http://archivosdemedicinadeldeporte.com/revista/index.php/amd).

Use of generative artificial intelligence (AI): If generative AI has been used in the preparation of the manuscript, the authors must disclose this within the manuscript itself, stating the reasons for its use and declaring full responsibility for the final version of the document.

Ethics

The authors of the article accept the responsibility defined by the World Association of Medical Editors (WAME) (http://www.wame.org/).

Manuscripts submitted to the journal ARCHIVOS DE MEDICINA DEL DEPORTE for consideration must have been produced in accordance with the international recommendations on clinical and animal research as ratified in Helsinki and revised in 2008 by the American Physiological Society (https://www.wma.net/doh-oct-2008_s/?utm_source).

The CONSORT guidelines, available at http://www.consort-statement.org/, must be followed for the design of controlled clinical trials.