

Archivos de medicina del deporte

Órgano de expresión de la Sociedad Española de Medicina del Deporte



ORIGINAL ARTICLES

Hypertrophy training improves glycaemic and inflammatory parameters in men with risk factors

Strategies to reduce pre-competition body weight in mixed martial arts

Preventing injuries using a pre-training administered rated perceived exertion scale

Comparison of body composition and physical performance between college and professional basketball players

REVIEWS

Breathing at extreme altitudes. Scientific projects "EVEREST" (Second part)

Frostbite: management update

