



Declaration of human and animal rights

All materials submitted for publication in Archives of Sports Medicine must be prepared in accordance with international recommendations on human and animal rights.

Documents describing procedures involving humans or animals must include an explicit and readily identifiable statement that the procedures followed were in accordance with the ethical standards of the committee responsible for human (institutional and national) experimentation and the Declaration of Helsinki of 1975 revised in 2008.

For animal experiments, authors should specify in the cover letter that the legal and ethical requirements regarding the treatment of animals described in the study have been met. When using experimental animals, the materials and methods section should clearly indicate that adequate measures have been taken to minimize pain or discomfort.

If there is any doubt as to whether the investigation was carried out in accordance with the Helsinki Declaration, authors should explain the reason for their approach and then demonstrate that the institutional ethical committee explicitly approved the questionable aspects of the study.